

Spring TERM - NEWSLETTER - Issue 12 15th March 2024

Supporting one another in learning and life. Compassion, Wisdom, Perseverance

Head teacher's blog... Dear Parents and carers,

We have had another busy few weeks in school, with a number of exciting things happening in both classes. We have been working with Pengelly garden centre, celebrating St Piran's Day and world book day, taking part in the Truro Music Festival, visiting St Anthony Head, and the wild tribe field, to name a few. Details ad pictures of these events are in this newsletter...

We still have a lot to look forward to in the build up to Easter, especially our BMX morning and bikeability sessions next week for years 5 and 6. We are also going to be hosting the Screech Owl Sanctuary in Carne class as part of our learning about habitats, please do not tell the children though, as this is going to be a surprise! We are also expecting a visit from two local PCSO's on Thursday, so please don't be alarmed if you see a police car outside of school!

In school we have been thinking about spirituality and been finding moments to be quiet and connect with nature. In particular we have been trying to be quiet enough so we can hear the birds singing. It would be lovely if our children could have the chance to practice this at home as well, ready for our next steps in using our senses.

Let's hope the weather is kind this weekend, so that we can all get outside to practice listening!

With very best wishes,

Caroline Jarrett





	Monday	Tuesday	Wednesday	Thursday	Friday
Wraparound	15.15 – 16.15 £3.00 Snack provid- ed Pick up from top gate	15.15 – 16.15 £3.00 Snack provid- ed Pick up from top gate	15.15 – 16.15 £3.00 Snack provided Pick up from top gate	15.15 – 16.15 £3.00 Snack provided Pick up from top gate	15.15 – 16.15 £3.00 Snack provid- ed Pick up from top gate
Additional Clubs	15.15 – 16.00 No charge Sports Club for all Mr Webb (no snack) Pick up from top gate	15.15 – 16.30 No charge Y6 SATS Boost- er club (no snack) Pick up from top gate	15.15 – 16.15 £1.00 in cash Y6 club (no snack) Pick up from top gate	15.15 – 16.15 No charge Mrs Prisk's Art and crafts club (no snack) NO ART CLUB 21ST MARCH LAST ONE 28th LEGO CLUB STARING AF- TER EASTER Pick up from top gate	
Atten	<u>dance</u>		Healthy Snacks We have noticed that less healthy spack		

Our Attendance Last week;

Carne Class -93.65% Kiberick Class -88%

OTAL - 90.83%

We have noticed that less healthy snacks are beginning to creep in again. Please be mindful of the types of foods that your children bring in to school. Snack time should be something healthy, fruit is available, but is limited, therefor will go to those entitled to free school meals first..

Please ensure reading records are signed, and sent in daily. Many thanks.







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DIARY DATES...

- FAMILY WORSHIP EVERY FRIDAY 14:45
- Wrap around daily (payable on ParentPay)

. Clubs (see page 2)

- 18/03/24 NEW DATE Y5 and Y6 BMX trip
- 19/03/24 Bikeability Y5 & Y6 all day
- 20/03/24 F. Douglas Wren leading collective worship in school (pupils only)
- 21/03/24 Bikeability, completing L2, for those who didn't get to on the 19th
- 21/03/24 No Art Club this week
- 21/03/24 Screech Owl Sanctuary visiting Carne; <u>THIS IS A SURPRISE!! PLEASE DON'T TELL THE</u> <u>CHILDREN!!</u>
- 22/03/24 'Open the book' during family worship
- 27/03/24 NEW DATE- Funfest Roseland Festivals, Carne class only, morning only (as the new date now clashes with our Easter Eucharist in the afternoon) more details to follow





DIARY DATES...

- FAMILY WORSHIP EVERY FRIDAY 14:45
- Wrap around daily (payable on ParentPay)

Clubs (see page 2)

Continued...

- 27/03/24 EASTER EUCHARIST in church at 14:15, all welcome
- 28/03/24 Last day of term
- 29/03/24 Good Friday, No School

15/04/24 - Frist day back

30/04/24 - Sailing, week one, yrs 4 and 5, more details to follow





Carne Class's recent learning adventures...



We've been applying our learning about habitats to our play. We have built homes for humans and animals using the resources and our imagination. Play evolves and has no limits which allows us to





Eating together is a special time. We enjoy serving one another while listening to music, chatting and practicing our social skills. Toad in the hole went down a treat on World Book Day!



On World Book Day we were lucky enough to meet real life Author and Illustrator, Helen Stephens. We joined in with an online draw along and created some fantastic art work as well as enjoying two of her super stories.



We always love looking at books together and were treated to one of Paddy's and one of Rowan's favorites this week, who both brought in books from home that link to









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Learning with Kiberick class...

Kiberick have been learning about mapping in Geography, they have also been doing some product research into lighthouse design, so this week we visited St Anthony's Head. We thought about the physical and human features that we could find, looked at features of the coast and will be creating maps of the area. In addition, we looked at the lighthouse and identified the features that we had been talking about in our DT lessons. We took some moments of calm and connected our learning about spirituality to the time we spent looking out to sea and listening to the waves.

Thank you to Miss Tucker, who ran a practical activity to embed our learning about compass points and directional language in the playground last Friday.







Learning with Kiberick class... (St Anthony's Head)







It was so lovely to share some special moments with you during our Mothers Day Family Worship on Friday. We were blessed to have Father Wren speak and we heard from the children in Kiberick about the celebration of International Women's Day. The children then gave beautiful bunches of flowers to all the mums present. We hope you all enjoyed a wonderful Mothering Sunday.







WORLD BOOK DAY 2024...

On the 7th March, it was World Book Day, this is always a well-loved event in the school calendar and this year was no exception. Each class participated in a live streamed event by The Children's Bookshow, Carne's event was led by illustrator Helen Stephens an award-winning author, illustrator, best known for her international bestselling How to Hide a Lion series and involved them in a draw along session with Helen. Kiberick's event was led by author Michael Rosen who recited some of his poems and engaged the children in performance poetry. The children enjoyed dressing up as their favourite book character and spreading their love of reading.







A selection of students took to the stage at the Cornwall Music Festival to compete in a beautiful recital of poems.

With poise and confidence, they performed in front of their peers, other schools, and judges. We are so proud of their courage and enthusiasm.

The renowned poet and adjudicator for The British and International Federation of Festivals, Eleanor McLeod, provided them with invaluable feedback. Her kind words and encouragement were a testament to the hard work and passion our students put into their performances. A massive 'Well done' to all the participants! Keep shining, little stars!







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We have celebrated St Piran's Day, it was lovely to see all of the children come to school in black, white and gold clothing to remember our Cornish Heritage. To mark the occasion, the children learnt Trelawny and Harry's Song for Cornwall which we incorporated into our very own Veryan School Trelawny Shout that family and friends were able to join us for. In addition, the children learnt the story of St Piran and carried out Cornish themed







A JUSTI suggestion for schools to celebrate their own unique cultural diversity

WhoArtful Gallery

<u>What is WhoArtful Gallery?</u> - It is an informal exhibition of The Lord's Prayer in different languages. Schools are invited to create a unique home-grown showcase and celebration of cultural diversity at this point in time.

The Education team would like to invite our diocesan school children to write The Lord's Prayer in their own words. It would be fabulous to see the prayer written or represented on paper or card in a variety of languages, or with colloquial accents from where a child or their family's origins are.

Suggestions could include:

Notre pere

A foreign language

Cornish, Welsh, Irish, or Scottish accent

'Text' language or social media style

Drawing a cartoon strip

Innovative piece of artwork



Or anything else from your imagination!

Send your Lord's Prayer entries by <u>email</u> or post before 22nd March. We will be displaying as many as we can in the Truro Cathedral exhibition space.





WE ARE RECRUITING

Veryan C of E Primary School

To apply or request further details please call or email Kelly Teasdale

07889 535188

Kelly.Teasdale@churchillservices.com

Company Benefits

- Staff Recognition Awards
 - Company Lottery

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0845 345 1576 illservices.com

istered Office: Unit 1, 40 Coldharbour Lane, Harpenden, Hertfordshire AL5 4UN. name of Churchill Contract Services Limited, Company Registration No: 3762020 in England & Wales; urity Solutions) Limited, Company Registration No: 7317266 in England & Wales; al Services, Company Registration No: 5455787 in England & Wales; and tering Limited (trading as Radish), Company Registration No: 5168372 in England & Wales.







At Veryan Parish Hall on Friday mornings from 10:30-11:45

PARENTS ,CARERS AND CHILDREN AGED 0-3 WELCOME



Things to note: Keep an eye on the school facebook page for updates and changes. Enjoy a range of fun activities Please BYO snacks Water, tea and coffee is available for all

WHY STAY AND PLAY WITH US?

Meet other parents and carers in your community. Get to know staff from school and give your children the opportunity to make friends and learn social skills in a safe nurturing environment. WWW.VERYANSCHOOL.CO.UK

SUPPORTING ONE ANOTHER IN LEARNING AND LIFE

ONLINE SUPPORT HUB

youngpeoplecornwall.org Weekdays 3:30-5:30pm



A SAFE SPACE FOR YOUNG PEOPLE WHO ARE FEELING DOWN AND/OR STRUGGLING WITH THEIR EMOTIONS

- -OPEN ACCESS DROP IN SESSIONS FOR AGES 11 TO 25
- -TRAINED YOUTH AND MENTAL HEALTH WORKERS
- -ADVICE AND GUIDANCE
- -SUPPORT TO ACCESS OTHER SERVICES
- -ONLINE SUPPORT HUB WEEKDAYS 3:30-5:30PM Contact: 01872 222447 | 07741198551 Terrie.Perkins@ypc.org.uk

DROP-IN SUPPORT HUB

HUB TIMETABLE

AREA	DAY/TIME	ADDRESS	
Penzance	Mondays 3:30-5:30pm	Lescudjack Centre, Penzance, TR18 3PE	
Helston	Thursdays 4-6pm	6 Meneage St, Helston, TR13 8AB	
Redruth	Tuesdays 3:30-5:30pm	Hideaway 77, Redruth, TR15 2BL	
Truro	Wednesdays 3:30-5:30pm Fridays 3:30-5:30pm	Zebs, The Leats, TR1 3AG	
St Austell	Mondays 3:30-5:30pm Thursdays 3:30-5:30pm	The House, St Austell, PL25 4DB	
Newquay	Wednesdays 3:30-5:30pm	Newquay, Youth Centre, TR7 2RG	
Liskeard	Wednesdays 3:30-5:30pm	Liskerrett Centre, Liskeard, PL14 4AP	
Online	Weekdays 3:30-5:30pm	youngpeoplecornwall.org	

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-ONLINE SUPPORT HUB WEEKDAYS 3:30-5:30PM

CONTACT: 01872 222447 | 07741198551 TERRIE.PERKINS@YPC.ORG.UK





ChatHealth Parent Line 5-19

School Nursing messaging service for parents and carers of children and young people 5-19 years in Cornwall and Isles of Scilly

TEXT 07312 263 499



To read our full privacy notice please visit www.cornwall.gov.uk/tffprivacynotice

We might inform someone if we were concerned about your safety but we would usually speak to you first. Messages are stored and can be seen by other health care staff who follow the same confidentially rules. We aim to reply within 48 hours and you should get an immediate reply to confirm we have received your text. **Texts** will not be seen outside working hours. If you need help before you hear back from us contact your GP, nearest walk-in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (not including messages from landlines, international numbers and some mobile apps). To prevent Chat Health from sending messages to you, text STOP to our number. Messages charged at your usual rates.



Parent/Carer Autism Online Workshops

Whether your child is awaiting a diagnosis or has already been diagnosed, these workshops are a great opportunity to learn more about Autism & ask questions within a supportive group of other parents & carers.

Week 1 - An introduction to Autism

An opportunity to explore what Autism is, the many strengths and the differences that make each child so wonderfully unique.

Week 2 - Communication

Identifying what communication is and the different communication methods that may be helpful for Autistic children.

Week 3 - Sensory Processing
 Explaining the 8 sensory systems, how the environment can impact on a child with sensory processing differences/challenges and strategies to meet an individual's sensory needs.

Week 4 - Pathological Demand Avoidance A look into the interesting subject of PDA, how this may present and what is the best approach to take to avoid conflict.

Workshops will be held on a Monday evening from 7:30-8:30pm via Zoom.

You can benefit from all 4 workshops for just £100 and you will receive a certificate of attendance after the final workshop.

We are only running the 4-week programme in February, March and April.

To book your place...Email <u>enquiries@theautismtrainingnetwork.com</u> with the month you would like to attend, and you will be sent the link to book on.



Why is Year 6 being weighed and measured?

The school nursing team is visiting Year 6!

We are going to measure the weight and height of Year 6 pupils as part of our work to help keep the nation healthy.

Did you know?

- Children are weighed and measured when they are babies, and again in Reception and Year 6.
- It helps the government see how healthy the nation is, and plan health and leisure services for children.
- It's a good chance to check how you're developing and think about ways you can become healthier.

What will happen?

- You will be measured one at a time in private.
- All you need to do is take your shoes off – it will be really quick!
- Only your parents or carers will see the results - not your teachers or friends.

Top tips for a healthier you

Everyone can find ways to be healthier - what can you do today?

1. 5 a day

Try to eat five portions and a variety of fruit and veg every day.

3. watch the salt

Check the label and choose foods lower in salt and try not to add salt, to your food.

5. get going every day

Spend at least 60 minutes walking, playing sport, running around or being active every day.

Search Change4Life

2. cut back fat

Try and keep foods like crisps, buns, cakes, pastries and biscuits as occasional treats only.

4. sugar swaps

Swap sugary drinks for water, lower-fat milks, no-added-sugar or sugar-free drinks.

6. me size meals

Children need smaller portions than grown ups. Start with a smaller amount of food on your plate, then ask for more if you are still hungry. change 4 [iFe Preloved and affordable Veryan School uniform now available, please check it out. We will continue to collect items that are no longer required to make them available to others that could us e them, I can collect these in the office. Any money made from the sales will go towards projects or trips for the children.

Preloved Uniform

ANY ORDERS MADE FOR UNIFORM WILL BE AVAILABLE FOR COLLEC-TION ON MONDAY 4TH SEPTEMBER AT THE SCHOOL AT 10AM, WASHED AND READY TO WEAR.





FOOTBALL Saturday Mornings

WHEN

9am-10am Reception Class/Yr1 9am-10:30am Years 2-7



WHERE Probus School

DETAILS

All abilities welcome Qualified FA coaches No need to book

BRING

Football boots AND trainers Suitable clothing Shin pads Drink

NO NEED TO BOOK, JUST TURN UP READY TO PLAY!



@probusyouthfootballclub

EACH SATURDAY

In association with Probus Youth Football Club

AGES Reception to Yr 7

PRICE

Reception/Yr1 £4 Yr2- Yr7 £5

COACHES

Steve Flack Will Ferguson Other PYFC coaches

FUN...

Outdoor football skills, drills and matches with experienced coaches



Free School Meals

If you think you may be eligible for Free School Meals the criteria and link you will need to follow are below. Not only would your child receive free meals but this enables the school to access additional funding. If you would apply by post please contact the office for a paper application form.

Free school meals eligibility criteria if you receive benefits

A child is eligible for free school meals if their parent/carer (or the child themselves) receives any of the following benefits:

Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).

Income Support (IS)

Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance

Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance

Child Tax Credit (CTC) with an annual income of less than £16,190

Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit

Guarantee Element of Pension Credit (GPC)

Immigration and Asylum Act 1999 (IAA) Supports

If you are claiming the benefits listed below you are not eligible for free school meals. This is regardless of what other benefits/credits are being claimed.

Working Tax Credit

Contribution-Based Job Seeker's Allowance and/or Contribution-Based Employment and Support Allowance

Link to Cornwall Council Website for Free School Meals

https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/ school-meals/apply-for-free-school-meals-and-pupil-premium/



Cornwall Music Trust...

Cornwall Music Trust's "very experienced guitar and piano specialist -Allan Fouracre" will be taking on new pupils.

If a child is interested in joining this please book through Cornwall Music Trust, https://cmst.co.uk/

Those in receipt of Pupil premium are entitled to some free music lessons.



OUR MISSION IN MUSIC

By enabling students of all generations, backgrounds and communities to enjoy a life including music making and participation, we seek to grow and support the health of a musical community for now and for the future.

It all started when...

In 2015 Cornwall Council chose to dissolve the county ran music service, Music Cornwall. In reaction to this a large group of music teachers banded together, under the leadership of Gareth Churcher, to create CMST and continue the tradition of music teaching throughout Cornwall. Since that point we have been providing music lessons, ensembles, classroom support and music therapy throughout the county. CMST is the largest charitable organisation delivering music lessons in Cornwall and pride ourselves in providing the best service for young musicians available!

