VERYAN PE CURRICULUM Sept ’18 – July ’19 v1

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|  | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| Class teacher  Nursery/ EY/Year 1 | Multi-skills -  (Throwing/catching / rolling / dribbling – hands & feet) | Invasion Games - using a range of previously learnt skills & a range of sports  *ARENA SOW –KS1 Games* | Athletic skills through running, jumping & throwing (*Sports hall Athletics / Quad Kids)* | Dance  *ARENA SOW – KS1 Dance* | Swimming  (Except Reception) | Striking & fielding skills through Cricket/ Rounder’s type activities  *ARENA SOW – KS1 S & F* |
| Nursery/ EY/Year 1  Tuesday PM  E. Goodall / J.Danks | Physical Literacy (Run/Jump/Skip/Gallop/Hop/Dodge) | Dance | Gymnastics  *ARENA SOW – KS1 Gymnastics* | Multi-skills -  (Throwing/catching / rolling / dribbling – hands & feet) | Athletic skills through running, jumping & throwing | Net & Wall skills through Tennis/Badminton  *ARENA SOW – KS1 Net & Wall* |
| Class teacher  Years 2 & 3 | Swimming | Swimming | HRF  *(PoPE SOW)* | Striking & Fielding Skills – Rounders/Cricket | Invasion Games – Football / Hockey | Net & Wall Skills –  Tennis/ Badminton |
| Class teacher  Years 2 & 3  Tuesday PM  L.Haydney / J.Danks | Invasion Games – Netball / Basketball / Tag Rugby | Dance | Gymnastics | OAA – Team Building & Orienteering | Athletics Skills /Quad Kids | Striking & Fielding – Cricket |
| Class teacher  Years 4, 5 & 6 | Multi-skills/Training Types  *(PoPE SOW)* | Invasion Games – Football / Hockey | Swimming | Striking & Fielding Skills – Cricket / Rounders | HRF  *(PoPE SOW)* | Net & Wall Skills –  Tennis/ Badminton |
| Class teacher  Years 4, 5 & 6  Tuesday PM  J.Tyers / J.Danks | Invasion Games – Netball / Basketball / Tag Rugby | Dance | Gymnastics | OAA – Team Building / Orienteering | Athletics Skills /Quad Kids | Striking & Fielding – Cricket / Rounders |

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.